



# FLASH INFORMATION

## EUROPEAN OPEN ROME 2014 - WOMEN

15<sup>th</sup> February 2014 – Lido di Ostia/Rome ITALY



### WELCOME TO THE FIJKAM OLYMPIC CENTRE

The FIJKAM Olympic Centre of Lido di Ostia/Rome is the heart of Italian Judo. It houses the PalaPellicone (former PALAFIJKAM) and the offices of the Italian Federation of Judo Wrestling Karate and Martial Arts. Moreover, it is the seat for technical and physical preparation of the Italian Olympic and National Teams.

FIJKAM has the pleasure to welcome all the participants to the European Open 2014 and offers its maximum support.

### ORGANIZATION CONTACT NUMBERS

In case of emergency during the competition kindly contact:

Sport Secretariat: +39 338 5247331

Transports: +39 338 5246258

### HOTELS

The official Hotels are:

- Golden Tulip Rome Airport \*\*\*\* (7.5 Km. from FIJKAM Olympic Centre)  
Via della Scafa, 416 – 00054 Fiumicino / Rome
- Hotel Bellavista \*\*\* (2 Km. from FIJKAM Olympic Centre)  
Piazzale Magellano, 16 – 00122 Lido di Ostia / Rome
- Hotel Ping Pong \*\*\*\*\* (3 Km. from FIJKAM Olympic Centre)  
Lungomare P. Toscanell, 84 – 00122 Lido di Ostia / Rome

### MEALS

#### FIJKAM Olympic Centre

Breakfast	07:00 – 09:30
Lunch	11:30 – 15:30
Dinner	19:00 – 21:00

#### Golden Tulip Rome Airport:

Breakfast	07:00 – 09:30
<b>Lunch will be served at the Olympic Centre</b>	
Dinner	19:30 – 22:00

#### Hotel Bellavista – Hotel Ping Pong:

Breakfast	07:00 – 09:30
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**Lunch and dinner will be served at the Olympic Centre**

### ACCREDITATION OF PARTICIPANTS

The head of each delegation must confirm the registration and complete the accreditation for his/her team on Friday 14<sup>th</sup> February from 10:00 to 18:00 at the Olympic Centre's Accreditation room (see the enclosed map).

All participants will be given a pass to be used during the competition to enter the Sports Arena (PalaPellicone) and the Olympic Centre for training and meals. Moreover, gadgets and an information pack will be distributed.

### THE DRAW

The draw will take place on Friday 14<sup>th</sup> February at **20:00** in the "Aula Magna" of the Olympic Centre (see enclosed map). Each Federation must send at least one, maximum two, delegate to attend the draw. Draw sheets will be distributed to the delegates after the draw.

#### Dress Code:

Jacket suit with tie.

### PROGRAMME OF JUDO EUROPEAN OPEN

#### FRIDAY, 14<sup>th</sup> February 2014 - Arrival of participants

10:00 – 18:00	Accreditation	Olympic Centre
18:30 – 19:00	Unofficial weigh-in	Olympic Centre
19:00 – 19:30	Official weigh-in	Olympic Centre
19:00	Meeting of the referees	Olympic Centre
20:00	Draw	Olympic Centre

#### SATURDAY, 15<sup>th</sup> February 2014

Women -48 kg / -52 kg / -57 kg / -63 kg / -70 kg / -78 kg / +78 kg		
09:00	Eliminations/Repechage/Semi finals	PalaPellicone
15:30	Opening Ceremony	PalaPellicone
16:00	Final Block:	PalaPellicone
	Bronze Medal Contests, Finals, Awards	

#### SUNDAY, 16<sup>th</sup> February 2014 – Departure of participants

### DOPING CONTROL

On competition day, after the Awarding Ceremony, the Gold Medal Winner and another drawn Medallist from each weight category have to undergo the doping control.

**Passport or other identity card together with accreditation card must be presented at doping control.**

### WEIGH-IN

Friday 14<sup>th</sup> February a scale will be available for un-official weigh-in both at the Golden Tulip Rome Airport Hotel and at the Olympic Centre (next to the training room).

Official weigh-in (5 scales) will be carried out from 19:00 to 19:30 at the Olympic Centre (see the enclosed map).

### TRAINING

Training will be possible at the Olympic Centre (with sauna service) on Tuesday 13<sup>th</sup> and Friday 14<sup>th</sup> February in the following different sessions, to be booked in advance:

Morning 10:00 - 12:00      Afternoon 17:00 - 19:00

### PHYSIOTHERAPY

During competition days at the warming area there will be a free of charge physiotherapy service at disposal of the participants.

### BUS SERVICE

Transfers for training on Thursday and Friday and for the Referees' Meeting and the Draw on Friday will leave from Golden Tulip Hotel and Hotel Bellavista according to the attached time schedule.

### JUDOGI CONTROL

All the information about Judogi control will be distributed at the accreditation and will also be available in the Warming Area, where there will be reserve Judogis provided by Green Hill.

**It is strictly required to return the reserve Judogi after the match!!!**